**Recycling Your Excitement Into Expectation.**

I was privileged to be attending a Hands Up Ministry meeting on April 7, 2007 at Philip Morris when I heard the profound statement of this topic spoken by a friend. I don’t know if he even realized how powerful this statement is to the present day Christian.

Once a woman finds out that she is pregnant there is the initial phase, which we call excitement. “Hallelujah, I am going to have a baby.” This excitement then turns into expectation, hence she is expecting. What is she expecting? She knows she is expecting a child. The interim period between excitement and expectation is called waiting. Before expectation becomes reality there is the period of pain.

Now in our Christian life, once we become born again we go through the experience of excitement and we learn that through the promises of God there is a glorious hope of eternal life and standing on the promises of God. Now we learn to expect God to act according to His word. Well we are good at being excited and having great expectations of God but we fail when we forget that we must wait upon the Lord. Sometimes this waiting period includes some pain. How many times have we been given a promise and the excitement is so great and we start expecting the birth of the promise only to find out that we must wait and possibly go through some pain. What happens? We succumb to doubt. We need to continually encourage ourselves as David did and we must “recycle our excitement into expectation.”